Let’s learn about birds!

- Birds have feathers instead of hair.
- Wings allow birds to fly, and their bones are hollow so that they are extra light.
- Some birds, like penguins, are flightless.
- Birds have hard beaks for digging into the ground or trees for food, or for defending themselves.
- Baby birds don’t come from their mommy’s tummy like we do. Instead, the mommy bird builds a nest and lays an egg. After the baby bird is ready, they will hatch from the egg.

Do the Penguin Waddle

Ask mom or dad to find you a tennis ball. Clench the ball between your feet. Now try to walk without letting the ball roll away. Look at you! You’re doing the penguin waddle!

Bouncy Eggs?

Eggshell is made of calcium carbonate, the main stuff in chalk. For a fun science experiment, place an egg in a glass & cover with vinegar. Let the egg sit overnight. The next day, the shell will have dissolved and you’ll be able to gently bounce it on a plate. But don’t bounce it too hard, or you’ll make a big mess!
Two Little Blackbirds

Two little blackbirds sitting on a cloud
One was quiet
And one was loud
Fly away quiet
Fly away loud
Come back quiet
Come back loud

(Act out this rhyme)

(hold up both index fingers)
(wiggle the left finger)
(wiggle the right finger)
(put the left finger behind your back)
(put the right finger behind your back)
(bring the left finger front)
(bring the right finger front)

Check out these picture books to learn more about birds!

- **Purple Little Bird** by Greg E. Foley
- **Hello, I’m Here!** by Helen Frost
- **Pinky Got Out!** by Michael Portis
- **A Little Chicken** by Tammi Sauer
- **Oh No! A Fox!** by Janet Morgan Stoeke
- **The Red Hen** by Rebecca Emberley
- **Sleepy Bird** by Jeremy Tankard
- **Tyrannosaurus Rex vs. Edna the Very First Chicken** by Douglas Rees
- **This Little Chick** by John Lawrence
- **Bird Builds a Nest** by Martin Jenkins
- **Hoot Owl** by Sean Taylor
- **Wanted: the Perfect Pet** by Fiona Roberton
- **I Got a Chicken for My Birthday** by Laura Gehl
- **P. Zonka Lays an Egg** by Julie Paschkis
- **Hello, My Name is Ruby** by Philip C. Stead
- **Woodpecker Wants a Waffle** by Steve Breen
- **Peck, Peck, Peck** by Lucy Cousins
- **Good Night Owl** by Greg Pizzoli
- **Tacky the Penguin** by Helen Lester
- **You Can Do It, Bert!** by Ole Könnecke
- **Just a Duck?** by Carin Bramsen
- **Copycat Bear!** by Ellie Sandall
- **Counting Crows** by Kathi Appelt
- **Penguins Love Colors** by Sarah Aspinall
- **Chico the Brave** by Dave Horowitz
- **Blue Goose** by Nancy Tafuri
- **Blue Chicken** by Deborah Freedman
- **Chickens to the Rescue** by John Himmelman
- **Silly Tilly** by Eileen Spinelli
- **Minerva Louise at School** by Janet M. Stoeke
- **Penguins Don’t Wear Sweaters** by Mariikka Tamura